childreach

April to June 2024



Childreach = 265 Maitland St., London, ON N6B 2Y3 = Phone 519-434-3644 = www.childreach.on.ca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Drop-In Playgroups at the Centre at 265 Maitland St.	EarlyON Playgroup 9:30am to 12noon EarlyON Playgroup 1:30 to 4pm	Infant Playgroup (0-12 months old) 1:30 to 3pm EarlyON Playgroup 5 to 7:30pm	EarlyON Playgroup 9:30am to 12noon EarlyON Playgroup 1:30 to 4pm Infant Massage – see back for dates & times. Registration is required	Positive Discipline in Everyday Parenting– see back for dates & times. Registration is required	French Playgroup facilitated by La Ribambelle On Y Va 9:30am to 12noon	EarlyON Playgroup 9:30 am to 12 noon on 2 nd Sat of each month Rainbow Families Playgroup 10 to 11:30am on Apr 27, May 25, Jun 22 In partnership with Queer Intersections
Drop-In Playgroups in the Community	EarlyON Playgroup 10 to 11:30am at Boyle Community Centre 530 Charlotte St. Curious Connections Playgroup 2 to 3:30pm Central Library 251 Dundas St.	EarlyON Playgroup 10 to 11:30am at Kinsmen Recreation Centre 20 Granville St. EarlyON Playgroup 1:30 to 3pm at New St. James Church (Closed on May 21) 280 Oxford St. E	WILD CHILD Outdoor Playgroup meets at 10am at the Westminster Ponds (930 Western Counties Rd) Move & Groove Playgroup 1:30 to 3pm at Carling Heights Optimist Community Centre 656 Elizabeth St.	New Location! WILD CHILD Outdoor Playgroup meets at 10am at Gibbons Park (29 Victoria St. Entrance)	EarlyON Playgroup 10:30am to Noon at Cherryhill Library 301 Oxford St. W	WILD CHILD Outdoor Playgroup meets at 10am at the Museum of Ontario Archaeology 1600 Attawandaron Rd.

PLEASE NOTE: There will be no programs on stat holidays and the Saturdays of long weekends (May 18 and June 29).

For more information about other Family Centres and EarlyON playgroups across London, visit www.familyinfo.ca.

Stay up to date on playgroups and special events and announcements by following us on https://www.facebook.com/childreach.centre.



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Parenting is the most important job there is, but it's also the most challenging. We are here to help. For FREE.

Family Education & Support

Rainbow Families Playgroup is a FREE monthly playgroup for 2SLGBTQ+ families to have fun together in an affirming family-oriented space. This playgroup co-facilitated with Queer Intersections will occur on the last Saturday of every month from 10-11:30am unless otherwise noted at Childreach (265 Maitland St). See calendar on other side for dates. Registration is not required.

Curious Connections Playgroup is a FREE weekly playgroup at Central Library *every Monday from 2-3:30pm*. Loose parts are an amazing way to think outside of the box when it comes to play. Registration is not required. NOTE: Parking is FREE for 2 hours when you validate your parking ticket at the library welcome desk.

Move & Groove Playgroup is a FREE weekly playgroup at Carling Heights Optimist Community Centre *every Wednesday from 1:30-3pm*. The large gym setting encourages children to join in gross motor play accompanied by music and movement. Registration is not required.

Parent Connect is a FREE telephone and email service to parents and others experiencing family life or parenting challenges. This nonjudgmental service provides a listening ear, support and guidance to parents and caregivers who are upset or troubled about a family issue or have parenting-related questions. Do you have a question or need someone to talk to about parenting? Call <u>519-434-3644</u> or email <u>parentconnect@childreach.on.ca</u>.

You can register AND find more information including dates and times for each of the following programs on Eventbrite - <u>https://childreach.eventbrite.com</u> or give us a call at 519-434-3644.

Positive Discipline in Everyday Parenting is a FREE interactive 8-week virtual session that will provide parents with the tools they need to better understand and support their child's stage of development, to engage their child's cooperation and explore healthy discipline strategies to use at home.

Thursdays, April 4 to May 23 from 10 to 11:30am Thursdays, April 18 to June 6 from 6 to 7:30pm via Zoom

Infant Massage is a FREE 4 week workshop where you will discuss and learn massage techniques that help build a bond between you and your baby, provide calming touch, and promote sleep and overall health. Wednesdays, April 17 to May 8 from 2-3pm Wednesdays, May 29 to June 19 from 2-3pm