

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Drop-In Playgroups at the Centre at 265 Maitland St.</b>	<b>EarlyON Playgroup</b> 9:30am to 12noon  <b>EarlyON Playgroup</b> 1:30 to 4pm	<b>Infant Playgroup</b> (0-12 months old) 1:30 to 3pm  <b>EarlyON Playgroup</b> 5 to 7:30pm	<b>EarlyON Playgroup</b> 9:30am to 12noon  <b>EarlyON Playgroup</b> 1:30 to 4pm  <b>Infant Massage –</b> see back for dates & times. Registration is required	<b>Positive Discipline in Everyday Parenting–</b> see back for dates & times. Registration is required	<b>French Playgroup</b> <i>facilitated by La Ribambelle On Y Va</i> 9:30am to 12noon	<b>EarlyON Playgroup</b> 9:30 am to 12 noon on 2 <sup>nd</sup> Sat of each month  <b>Rainbow Families Playgroup</b> 10 to 11:30am on Jan 27, Mar 2, Mar 23, Apr 27, May 25, Jun 22 In partnership with Queer Intersections
<b>Drop-In Playgroups in the Community</b> <i>NOTE: Community EarlyONPlaygroups will begin January 17.</i>	<b>EarlyON Playgroup</b> 10 to 11:30am at <b>Boyle Community Centre</b>  <b>EarlyON Playgroup</b> 2 to 3pm <b>Curious Connections at Central Library</b>	<b>EarlyON Playgroup</b> 10 to 11:30am at <b>Kinsmen Recreation Centre</b>  <b>EarlyON Playgroup</b> 1:30 to 3pm at <b>New St. James Church</b> (Closed on May 21)	<b>EarlyON Playgroup</b> 9:30 to 11am at Sir John A Macdonald PS  <b>WILD CHILD Outdoor Playgroup</b> meets at 10am at the <b>Westminster Ponds</b> (930 Western Counties Rd)  <b>EarlyON Playgroup</b> 1:30 to 3pm at <b>Carling Heights Optimist Community Centre</b>	<b>WILD CHILD Outdoor Playgroup</b> meets at 10am at the <b>Westminster Ponds</b> (930 Western Counties Rd)	<b>EarlyON Playgroup</b> 10:30am to Noon at <b>Cherryhill Library</b>	<b>WILD CHILD Outdoor Playgroup</b> meets at 10am at the <b>Museum of Ontario Archaeology</b>

**PLEASE NOTE:** There will be no programs on stat holidays and the Saturdays of long weekends (February 17, March 30, May 18 and June 29).

For more information about other Family Centres and EarlyON playgroups across London, visit [www.familyinfo.ca](http://www.familyinfo.ca).

Stay up to date on playgroups and special events and announcements by following us on <https://www.facebook.com/childreach CENTRE>.

# childREACH

## January to June 2024

Childreach ▪ 265 Maitland St., London, ON N6B 2Y3 ▪ Phone 519-434-3644 ▪ [www.childreach.on.ca](http://www.childreach.on.ca)

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*Parenting is the most important job there is, but it's also the most challenging. We are here to help. For FREE.*

### Family Education & Support

**Rainbow Families Playgroup** is a FREE monthly playgroup for 2SLGBTQ+ families to have fun together in an affirming family-oriented space. This playgroup co-facilitated with Queer Intersections will occur on the last Saturday of every month from 10-11:30am unless otherwise noted at Childreach (265 Maitland St). See calendar on other side for dates. Registration is not required.

**Parent Connect** is a FREE telephone and email service to parents and others experiencing family life or parenting challenges. This nonjudgmental service provides a listening ear, support and guidance to parents and caregivers who are upset or troubled about a family issue or have parenting-related questions. Do you have a question or need someone to talk to about parenting? Call [519-434-3644](tel:519-434-3644) or email [parentconnect@childreach.on.ca](mailto:parentconnect@childreach.on.ca).

*You can register AND find more information including dates and times for each of the following programs on Eventbrite - <https://childreach.eventbrite.com> or give us a call at 519-434-3644.*

**Positive Discipline in Everyday Parenting** is a FREE interactive 8 week virtual session that will provide parents with the tools they need to better understand and support their child's stage of development, to engage their child's cooperation and explore healthy discipline strategies to use at home.

*Thursdays, January 25 to March 14 from 10 to 11:30am*

*Thursdays, February 15 to April 4 from 6 to 7:30pm via Zoom*

*Thursdays, April 4 to May 23 from 10 to 11:30am*

*Thursdays, April 18 to June 6 from 6 to 7:30pm via Zoom*

**Infant Massage** is a FREE 4 week workshop where you will discuss and learn massage techniques that help build a bond between you and your baby, provide calming touch, and promote sleep and overall health.

*Wednesdays, January 17 to February 7 from 2-3pm*

*Wednesdays, March 6-27 from 2-3pm*

*Wednesdays, April 17 to May 8 from 2-3pm*

*Wednesdays, May 29 to June 19 from 2-3pm*